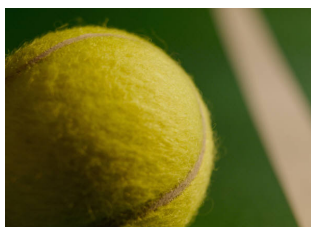


# Northampton Recreation Department's

# 2012 Tennis Programs



Tennis is an individual or team sport and we offer something for everyone of all ages and abilities. We are committed to offering a variety of tennis programs to get you active and improve your game.



*learn to play tennis ... fast!*  
**TENNISWELCOMECENTER.COM**

The Northampton Recreation Department is an official Tennis Welcome Center member. They join more than 3,000 facilities across the country that offer opportunities to participate in affordable, introductory tennis programs. Find out more about this program at [www.TennisWelcomeCenter.com](http://www.TennisWelcomeCenter.com)

The City of Northampton supervises the six tennis courts at the Aquatic and Family Center at JFK Middle School. The courts are monitored by Recreation Personnel and are open mid April through mid October.

**Northampton Recreation is a proud & award winning member of the United States Tennis Association**

# Northampton Recreation -Adult Programs & Leagues

## Adult Singles

Monday, May 21 - Friday, August 17, 2012

League Fees: Singles: \$20, non residents add \$10

**Registration Deadline: Friday, May 11th**

*League Jamboree:* The Jamboree is for players who want to play in the league but have not done so in the past. It allows us to see these people play and helps us properly place them in the league by ability. New players should be prepared to play for an hour. Held at JFK Middle School in Florence.

Jamboree Date: Sunday, May 13th 11:00am-12:30pm (Raindate: Sunday, May 20th 11:00am-12:30pm)



### Adult Group Lessons

#### Schedule:

Monday & Wednesday

Sessions 1- 4 5:30 - 6:30pm Tennis Fundamentals  
6:30 - 8:00pm Round Robin Doubles

Session 5 5:00 - 6:30pm Round Robin Doubles

Tuesday & Thursday

Session 1 - 4 5:30 - 7:00pm Intermediate Tennis Drills

Session 5 5:00 - 6:30pm Intermediate Tennis Drills

Session 1: May 14 – June 7 (no class 5/28)

Session 2: June 11 - July 5 (no class 7/4)

Session 3: July 9 - August 2

Session 4: August 6 – August 30

Session 5: Sept. 4 – Sept. 27 (No class on 9/3)

*Classes missed due to weather and holidays  
will be made up on Fridays*

Location: JFK Middle School

Fee: \$45, non residents add \$10

Drop In Fee: \$8 per class

#### Class Descriptions:

##### Tennis Fundamentals

Beginner class focusing on the basic skills required when beginning to play the game.

##### Round Robin Doubles

1.5 hours of pro supervised round robin play. Doubles is emphasized but some singles may be played.

##### Intermediate Tennis Drills

A fast paced workout with lots of drills and games. Play situations, footwork and strategy are stressed.

### Quickstart Tennis for Adults

For: Adults & Parents

Days: Saturdays

Dates: May 19 - June 30

Times: Quickstart 1 9:00-10:00am  
Quickstart 2 10:00-11:00am

Location: JFK Middle School

Fee: \$40, non-residents add \$10

Learn to play tennis right alongside your kids! You'll get a 45 minute lesson with the same equipment the kids are using and then you'll be ready to play with them. The last 15 minutes of each class will combine adults & children. A great new program to get active this spring with your child.



# Northampton Recreation - Youth Programs

## QuickStart 1 Tennis

For: Ages 5-7  
Session 1 May 19 - June 30 Sat., 9:00-10:00am  
Session 2 July 3 - July 26 Tue. & Thurs 11:00-12:00pm  
Session 3 July 31 - Aug. 23 Tue. & Thurs 11:00-12:00pm  
Session 4 Sept. 8 - Sept. 29 Sat., 9:00-10:00am

Location: JFK Middle School

Cost: Session 1 \$60, non residents add \$10  
Session 2 & 3 \$80, non residents add \$10  
Session 4 \$40, non residents add \$10



## QuickStart 2 Tennis

For: Ages 8-10  
Session 1 May 19 - June 30 Sat., 10:00-11:00am  
Session 2 Sept. 8 - Sept. 29 Sat., 10:00-11:00am

Location: JFK Middle School

Cost: Session 1 \$60, non residents add \$10  
Session 2 \$40, non residents add \$10

Quickstart Tennis is a new format for learning the game of tennis. Like other sports, playing fields and equipment are modified to reflect the age and skill development of the player. We'll use smaller courts and low compression or foam balls to get kids to actually play tennis quickly.

*Make ups for Saturday classes due to weather and holidays for sessions 1 & 4 will be held on the Saturday at the end of the session. Make ups for sessions 2 & 3 will be held on Friday of the week the class is missed.*

\*\*\* Check out the new adult Quickstart classes that run while your child is participating in the youth class. At the end of the classes each week, parents and children will get to play tennis together! A great new activity for you to do on Saturday mornings with your child!\*\*\*

## Junior Tennis Skills & Drills

For: Ages 8-14

Days: Monday - Friday 1-4:00pm

Dates: Session 1 June 25 - June 29  
Session 2 July 2 - July 6 (no class 7/4)  
Session 3 July 9 - 13  
Session 4 July 16 - 20  
Session 5 July 23 - 27  
Session 6 July 30 - August 3  
Session 7 August 6 - 10  
Session 8 August 13 - 17  
Session 9 August 20 - 24\*

Location: JFK Middle School

Fee: Session 2: \$56, non residents add \$10  
Sessions 1 & 3-9: \$70, non residents add \$10

\*There are no weather make ups for session 9, refunds or credits will be given if necessary.

## Hot Shot Tennis

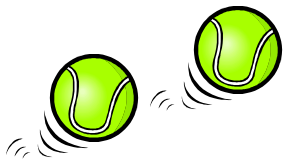
For: Ages 10-14

Session 1 May 19 - June 30  
Sat., 11:00am-12:30pm  
Session 2 Sept. 8 - Sept. 29  
Sat., 11:00am-12:30pm

*Make ups will be held on the Saturday following the end of the session.*

Location: JFK Middle School

Fee: Session 1 \$90, non residents add \$10  
Session 2 \$60, non residents add \$10



# Northampton Recreation Youth Leagues

## USTA Junior Team Tennis Leagues

For: 10 & under Division



The team will play matches against other programs in the Pioneer Valley League and will use the 10 & under play format (smaller courts and low compression balls.) Players who meet the age requirements and take either Quickstart 2, Hotshot, or Tennis skills & drills program are eligible to play in team matches without attending practices or paying the practice fee. A one time additional fee to the USTA is required for match play.

Dates: July 11 – August 18

Days: Team Practices Wed 4-5:00pm, Matches TBD (usually Monday matches 6:00pm & some Saturdays)

Fee: \$60 (non residents add \$10), plus an \$30 online fee to the USTA

---

For: 18 & under Division

For players interested in competitive tennis. Drills will focus on footwork, conditioning, and competitive situations. Participants **must** be willing to play team matches at both home and away sites. Players may choose to play in matches (online one time membership to USTA required) or to participate only in practices.

The league leads up to the Western Mass. State Tournament to be held on Saturday and Sunday, August 11 & 12 at Forest Park in Springfield. A commitment for the entire weekend will be needed from a minimum of 3 boys and 3 girls.

Dates: June 12 – Aug. 12 Tu & Thu 4-5:30pm

Fee: \$100, plus a \$30 online membership fee to the USTA (non-residents add \$10)

Practices at JFK Middle School on Tuesdays and Thursdays.

Matches will be at Look Park or a visiting site on Wednesdays at 6:00pm.



.....  
Other Available Services:

Private Lessons:

Mike Kolendo

\$50 per hour

Jon Aronstein

\$50 per hour

.....  
Racquet stringing, re-gripping, racquet & shoe sales. See Mike for details.  
.....



**Northampton Recreation Department**

**90 Locust Street**

**Northampton, MA 01060**

**587-1040**

**[www.northamptonma.gov/recreation](http://www.northamptonma.gov/recreation)**